Protecting Children & Preserving Families

Jennifer and her young son, James, were shaken to the core by a brutal domestic violence attack. They were working hard at starting over when in the middle of the night, their past came back to haunt them. Jennifer and James escaped that night with their lives but both were traumatized. Little James could recall every horrifying detail of the attack and Jennifer sank into a deep depression. Our trauma-trained nursery staff worked with James in our respite care and pre-school program, while Jennifer was being treated for depression and attending to the necessary legal issues.

Recently, we received a call from Jennifer, to say thank you. She and James are doing better and are in a new home. Jennifer is employed, and James is in preschool. Jennifer and James are proof that we cannot erase the past, but with help, we can work to make the future as bright as possible.

The Yolo Crisis Nursery is available 24 hours a day, 365 days a year for local families in need. Our goal is to help prevent and resolve crises so families can remain intact and children avoid trauma as much as possible.

This year the nursery served a total of 321 client families. We are very proud that 97% of families served by the nursery’s emergency/respite care for children and wrap-around services for parents do not enter child welfare. The greatest satisfaction comes from the stories, like Jennifer and James, behind the numbers.

Guided by our three-year strategic plan and bolstered by the generous support of our community, we commit to being there for Yolo County children and families. We hope you share in our pride as you review the many accomplishments of the past year.

With gratitude,

Jane Eadie
President, Board of Directors

Heather Sleuter
Executive Director

Where do our Clients Live?

Yolo Crisis Nursery Inc. is a 501(c)(3) public benefit corporation, Tax ID# 47-1006055.

<table>
<thead>
<tr>
<th>Location</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Winters</td>
<td>4%</td>
</tr>
<tr>
<td>West Sacramento</td>
<td>27%</td>
</tr>
<tr>
<td>Woodland</td>
<td>51%</td>
</tr>
<tr>
<td>Other Yolo</td>
<td>2%</td>
</tr>
<tr>
<td>West Sacramento</td>
<td>16%</td>
</tr>
<tr>
<td>Davis</td>
<td>47%</td>
</tr>
</tbody>
</table>

47% INCREASE in the number of CHILDREN served in our Nursery

2,549 times a child entered our doors last year to receive services.
64% of parents said they needed care to avoid domestic violence.
54% of the children are experiencing or are at risk of homelessness.

STRATEGIC PLAN

Building for our Future:

In January 2018, Yolo Crisis Nursery adopted our first ever three-year strategic plan. Created with input from the Nursery’s Board, staff, volunteers and the greater community, we have a road map toward a bright, sustainable future. Our goals outlined in the plan include:

Goal 1 - Quality Programs/Service Expansion
Expand programs and services to better serve the needs of Yolo County children and families.

Goal 2 - Infrastructure
Develop a long-range and stable infrastructure for the Yolo Crisis Nursery.

Goal 3 - Sustainable Funding
Secure stable, long-term financial support for the Nursery by pursuing public and private funding.

Goal 4 - Awareness and Outreach
Expand awareness in Yolo County to increase the number of families served, grow our support base and develop strategic partnerships.

Goal 5 - A Capital Campaign
Launch a capital campaign to fund a new location to accommodate expanded programs and services.

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Family Life Skills
Home parenting education for families referred by Child Welfare Services who are in the reunification process.

- Results: 26 families and 42 children served. The goal of this program is to enable parents to keep their children healthy and safe once they reunify.

Specialized Infant Day Care and Preschool
Available to children of families transitioning out of crisis. Also available to special-needs children. Operates 7 a.m. to 7 p.m. weekdays.

- Results: Promoted the physical and emotional health of at-risk children; addressed preschoolers’ developmental deficiencies to put them on a level playing field as they enter kindergarten.

Crisis and Respite Care
Available 24 hours a day, 365 days a year to newborns through 5 years of age whenever parents face a challenge in providing safe care. Ongoing respite care as crises resolve. We offer families 30 days of care over a 6-month period.

- Results: Prevented child abuse and neglect; provided respite for stressed parents; nurtured healthy and resilient children and families.

Wrap-Around Services for Parents
Assistance in leveraging community resources for crisis resolution and day-to-day challenges. Available to all parents/guardians who entrust their children in our care. Follow-ups at 30, 60, 90 days, and one year.

- Results: The vast majority of our families remained intact and moved toward long-term stability. Our wrap-around services had a 97% success rate this year.

Help Me Grow
Help Me Grow offers free behavioral and developmental screenings to identify behavioral and developmental challenges early. The program then provides connections to community-based resources.

- Results: Identified behavioral and developmental challenges early to better prepare children for success in school and life.

Peer Parent Partner Program
An early intervention and prevention program to help reduce the long-term behavioral health consequences of child abuse and neglect. Peer Parent Partners draw on their own experience to help families resolve crises and overcome day-to-day challenges by leveraging available community resources. Having a partner who has already been down that bumpy road gives families comfort and hope.

- Results: Our Peer Parent Partners mentored 18 families this year.

Foster and Kinship:
Day care offered to foster and kinship families during the first 30 days of placement.

- Results: Newly placed children received trauma-informed care. Supporting the Foster and Kinship program’s recruitment and retention efforts.

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- Results: Promoted the physical and emotional health of at-risk children; addressed preschoolers’ developmental deficiencies to put them on a level playing field as they enter kindergarten.

Care Packages
Throughout the year, we collect essential baby/child items to provide customized packages to families in need.

- Results: Babies were diapered and fed. Hundreds of children received clothes, toys and other essential items.

97% of families completed referral to wrap-around services.
97% of parents did not become clients of Child Protective Services.
97% of parents reported stress reduction after using Nursery services.
99% of parents reported satisfaction with Yolo Crisis Nursery.
Mickey Mouse Clubhouse was on the air and 3 year-old Michael was plopped in front of the television. Maya, his 3 month-old sister, was crying and so was his mom, Natalie. After giving birth to Maya, Natalie was in a dark place. She couldn’t remember when she had last bathed, changed, or fed the children, much less herself. Natalie believed that the kids would be better off without her — until a kind neighbor who had heard the crying suggested reaching out to the Yolo Crisis Nursery for help.

Natalie took the courageous step of asking for help. The Yolo Crisis Nursery embraced the family with our wrap-around services. We helped Natalie receive the health services she needed to treat her postpartum depression. Meanwhile, we attentively cared for Michael and Maya in our respite nursery program where they attended our infant day care and preschool. We followed up regularly with Natalie for one year to ensure that she and the children were safe and thriving.

Natalie is not alone. 1 in 5 women in California experience prenatal or postpartum depression. Natalie is now doing well and is feeling like her normal self. She has a job, a stable home and most importantly, her children, whom she adores. Thanks to the Yolo Crisis Nursery, Natalie’s family remained intact and grew stronger together.

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**FAMILY CIRCLE OF GIVING**

**Elders:** $25,000+
County of Yolo, Dignity Health/Woodland Healthcare, First 5 Yolo, Harvey L. and Maud C. Sorensen Foundation, George and Lena Valente Foundation, and Yocha Dehe Wintun Nation Community Fund

**Guardians:** $10,000+

**Nurturers:** $5,000+
Beneto Foundation, Davis Firefighters Local 3494 Charity Fund, Kelly Foundation, and The New Home Company

**Neighbors:** $2,500+
Joe Abele Memorial Organization, Kaiser Permanente, Sierra Health Foundation, University Covenant Church

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Sara’s Story

Sara, a young, pregnant, single, working mom, was on the brink of losing her job because she did not have childcare for her toddler son. Both of them had suffered abuse. Her 4 year-old son had behavioral challenges as a result of the abuse and had been removed from multiple childcare centers.

Sara was proud to be newly on her own with her son and new baby on the way. The thought of losing her job, home and ability to care for her young family was devastating. Sara was overwhelmed and scared.

Thanks to help from the Yolo Crisis Nursery, Sara was able to keep both her job and home, while helping her son with behavior modification therapy. We may call it a nursery, but it is oh, so much more.

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**2017-18 FINANCIALS**

**INCOME**
- Foundations, organizations, corporations: 35%
- Government grants, contracts: 26%
- Individual donations, fund-raising events: 9%
- Respite care, family services: 80%

**EXPENSES**
- Childcare, overnight/ respite care, family services: 39%
- Facility, operations: 11%
- Marketing, fund-raising: 9%

**A special THANK YOU** to our VOLUNTEERS, generous COMMUNITY and THE FRIENDS OF YOLO CRISIS NURSERY for your tireless SUPPORT!
HIGHLIGHTS OF 2017-18

BUILDING for our Future

- 47% increase in children served.
- 97% of families served did not enter Child Protective Services.
- Started Supervised Visitation Services and completed 1,885 hours of supervised visitation.
- Partnered with First 5 Yolo for early intervention screening.
- Embarked on the execution of our 3 year strategic plan and are making excellent progress. The next few years will be exciting!

- Record breaking annual Krustaceans for Kids Crab Feed raising $80,000 for Nursery programs!

www.yolocrisisnursery.org